



The Centered Place Yoga Studio

January 2018

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	1 5:30 – 7 pm All Levels	2 9 -10:30 am All Levels 5:30 – 7 pm Deeper	3 5:30 – 7 pm All Levels	4 9 -10:30 am All Levels 7:30 – 9 pm All Levels	5 9 -10:30 am Deeper	6 9 -10:30 am All Levels 2 – 4 pm Free Newcomers
7	8 5:30 – 7 pm All Levels	9 9 -10:30 am All Levels 5:30 – 7 pm Deeper	10 5:30 – 7 pm All Levels	11 9 -10:30 am All Levels 7:30 – 9 pm All Levels	12 9 -10:30 am Deeper	13 9 -10:30 am All Levels
14 1 – 3 pm Meditation* (1 of 3)	15 5:30 – 7 pm All Levels	16 9 -10:30 am All Levels 5:30 – 7 pm Deeper	17 5:30 – 7 pm All Levels	18 9 -10:30 am All Levels 7:30 – 9 pm All Levels	19 9 -10:30 am Deeper	20 9 -10:30 am All Levels 1 – 3 pm Bliss \$22
21 1 – 3 pm Meditation* (2 of 3)	22 5:30 – 7 pm All Levels	23 9 -10:30 am All Levels 5:30 – 7 pm Deeper	24 5:30 – 7 pm All Levels	25 9 -10:30 am All Levels 7:30 – 9 pm All Levels	26 9 -10:30 am Deeper	27 9 -10:30 am All Levels
28 1 – 3 pm Meditation* (3 of 3)	29 5:30 – 7 pm All Levels	30 9 -10:30 am All Levels 5:30 – 7 pm Deeper	131 5:30 – 7 pm All Levels	1 9 -10:30 am All Levels 7:30 – 9 pm All Levels	2 9 -10:30 am Deeper	3 9 -10:30 am All Levels 2 – 4 pm Free Newcomers

Notes

Snow cancellations: If local schools are closed, assume our morning classes are cancelled. For afternoon and evening classes, see our website home page or call us.