



The Centered Place Yoga Studio

September 2017

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	28 5:30 – 7 pm All Levels	29 9 -10:30 am All Levels	30 5:30 – 7 pm All Levels	31 9 -10:30 am All Levels	1 9 -10:30 am Deeper	2 No class: Labor Day Break
3	4 No class: Labor Day Break	5 9 -10:30 am All Levels	6 5:30 – 7 pm All Levels	7 9 -10:30 am All Levels 7:30 – 9 pm All Levels	8 9 -10:30 am Deeper	9 No class: Staff on Retreat with Swami Nirmalananda
10	11 5:30 – 7 pm All Levels 7:30 – 9 pm Deeper	12 9 -10:30 am All Levels 7 – 9 pm Meditation (1st of 3)	13 5:30 – 7 pm All Levels	14 9 -10:30 am All Levels 7:30 – 9 pm All Levels	15 9 -10:30 am Deeper	16 9 -10:30 am All Levels 2 – 4 pm Newcomers Class
17 1 – 4 pm Yoga Immersion: Standing in Your Self with Lissa (Yogeshwari) \$65	18 5:30 – 7 pm All Levels 7:30 – 9 pm Deeper	19 9 -10:30 am All Levels 7 – 9 pm Meditation (2nd of 3)	20 5:30 – 7 pm All Levels	21 9 -10:30 am All Levels 7:30 – 9 pm All Levels	22 9 -10:30 am Deeper	23 9 -10:30 am All Levels 1 – 3 pm Bliss Class \$22
24	25 5:30 – 7 pm All Levels 7:30 – 9 pm Deeper	26 9 -10:30 am All Levels	27 5:30 – 7 pm All Levels	28 9 -10:30 am All Levels 7:30 – 9 pm All Levels	29 9 -10:30 am Deeper	30 9 -10:30 am All Levels

Notes

Parking Reminder: Pull up to make room for others to park behind you. Thanks for your support!

Coming Up in October:

Meditation (3rd of 3), October 3, 7 – 9 pm

Sunday Afternoon Immersion with Addie ALEX October 15, 1:30 to 4:30: Topic to be announced