



The Centered Place Yoga Studio

December 2019

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2 5:30 – 7 pm All Levels 7:30 – 9 pm Experienced	3 9 -10:30 am All Levels	4 5:30 – 7 pm All Levels	5 9 -10:30 am All Levels 6:30 – 8 pm All Levels	6 9 -10:30 am Yoga/Meditation*	7 9 -10:30 am All Levels 2 – 4 pm Free Newcomers
8	9 5:30 – 7 pm All Levels 7:30 – 9 pm Experienced	10 9 -10:30 am All Levels	11 5:30 – 7 pm All Levels	12 9 -10:30 am All Levels 6:30 – 8 pm All Levels	13 9 -10:30 am Yoga/Meditation*	14 9 -10:30 am All Levels
15 11:00 – noon Discussion Group	16 5:30 – 7 pm All Levels 7:30 – 9 pm Experienced	17 9 -10:30 am All Levels	18 5:30 – 7 pm All Levels	19 9 -10:30 am All Levels 6:30 – 8 pm All Levels	20 9 -10:30 am Yoga/Meditation* 7:00 to 8:30 Satsang	21 9 -10:30 am All Levels
22 Happy Hanukkah	23 Studio Closed for the Holidays	24 Studio Closed for the Holidays	25 Studio Closed for the Holidays Merry Christmas	26 Studio Closed for the Holidays Happy Kwanzaa	27 Studio Closed for the Holidays	28 Studio Closed for the Holidays
29	30 Studio Closed for the Holidays	31 Studio Closed for the Holidays	1 Studio Closed for the Holidays Happy New Year	2 Studio Closed for the Holidays	3 Studio Closed for the Holidays	4 Studio Closed for the Holidays
				* No drop-ins: this is a series		

notes

Weather closures: Check our website www.thecenteredplace.com or call (and check your email). Let your common sense and safety prevail.

Coming: Free Satsang with Kusuma Friday Jan 31, 7 – 8:15 pm
All Day Workshop with Kusuma Saturday Feb 1, 9 to 5:30

Class Fees

Drop-in	Class card	Regular	Retirees
\$18	5 classes (2 months)	\$85	\$75
\$16 retirees	10 classes (3 months)	\$160	\$140
	15 classes (4 months)	\$225	\$195