



Greater New England Svaroopa® invites you to celebrate
INTERNATIONAL YOGA DAY
21 June 2020

*In 2014 the United Nations proclaimed June 21st to be International Yoga Day.
This day, with the most hours of sunlight, is a worldwide celebration
of yoga and its ability to bring to light the best in you.*

Celebrate and experience your bliss with **SVAROOPA® YOGA**

“Svaroopa” is Sanskrit for your inherent nature, or the bliss of your own being. Svaroopa® yoga removes the layers of tension that prevent your true nature from coming to light. It is a user-friendly and profound style of yoga that you can easily do while getting amazing results for body, mind and more.

*“From my first class, I knew Svaroopa® yoga was something different, something more,
something deeper than other practices I had tried previously.” - Christopher Kavi Peppell*

**To learn more & register for an online International Yoga Day event,
contact a participating Svaroopa® yoga teacher or studio near you.**

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Free yoga day events with optional donation to support Svaroopa® Vidya Ashram, home of Svaroopa® yoga, a spiritual resource for thousands, through free online services & onsite retreats & trainings. www.svaroopa.org