



## The Centered Place Yoga Studio

# March 2020

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2 5:30 – 7 pm All Levels 7:30 – 9 pm Experienced	3 9 -10:30 am All Levels	4 5:30 – 7 pm All Levels	5 9 -10:30 am All Levels 6:30 – 8 pm All Levels	6 9 -10:30 am Experienced	7 9 -10:30 am All Levels <b>2 – 4 pm Free Newcomers</b>
8	9 5:30 – 7 pm All Levels 7:30 – 9 pm Experienced	10 9 -10:30 am All Levels <b>6:30 – 8:30 pm Meditation 101 (1 of 3)</b>	11 5:30 – 7 pm All Levels	12 9 -10:30 am All Levels 6:30 – 8 pm All Levels	13 9 -10:30 am Experienced	14 9 -10:30 am All Levels
15	16 5:30 – 7 pm All Levels 7:30 – 9 pm Experienced	17 9 -10:30 am All Levels <b>6:30 – 8:30 pm Meditation 101 (2 of 3)</b>	18 5:30 – 7 pm All Levels	19 9 -10:30 am All Levels 6:30 – 8 pm All Levels	20 9 -10:30 am Experienced <b>7 – 8:15 pm Satsang</b>	21 9 -10:30 am All Levels
22 <b>Svarroopa® Flow with Melissa (Yogyananda) Fountain 10 am – 1 pm</b>	23 5:30 – 7 pm All Levels 7:30 – 9 pm Experienced	24 9 -10:30 am All Levels <b>6:30 – 8:30 pm Meditation 101 (3 of 3)</b>	25 5:30 – 7 pm All Levels	26 9 -10:30 am All Levels 6:30 – 8 pm All Levels	27 9 -10:30 am Experienced	28 9 -10:30 am All Levels
29	30 5:30 – 7 pm All Levels 7:30 – 9 pm Experienced	31 9 -10:30 am All Levels	1 5:30 – 7 pm All Levels	2 9 -10:30 am All Levels 6:30 – 8 pm All Levels	3 9 -10:30 am Experienced	4 9 -10:30 am All Levels

notes

**Weather closures:** Check our website [www.thecenteredplace.com](http://www.thecenteredplace.com) or call (and check your email). Let your common sense and safety prevail.

Class Fees	Regular	Retirees
Drop-ins	\$18	\$16
5 classes (2 months)	\$85	\$75
10 classes (3 months)	\$160	\$140
15 classes (4 months)	\$225	\$195